

*** TAB TOP 7 MEETING!

BPot (Races 1-6); PA (Races 1-7); P6 (Races 2-7); JPot 1 (Races 3-6); JPot 2 (Races 4-7)



FREE TAB SHEET (A) - www.tab.co.za



VAAL (SA) - 23 JULY 2026

RACECOURSE: Turf. 3000m oval circuit. Races up to 1600m straight course; beyond 1600m clockwise round turn with 1000m run-in. **TOP JOCKEYS AT TRACK:** S Valjalo 48-4 (8.33%)-18, S Mosia 3-2 (66.67%)-1, T Mango 2-1 (50.00%)-0, C Mabaya 2-0 (0.00%)-1 **TOP TRAINERS AT TRACK:** S G Tarry 146-24 (16.44%)-54, A P Peter 135-20 (14.81%)-52, M N Houdalakis 83-12 (14.46%)-31, B Webber 92-12 (13.04%)-26 **DRAW:** Low-number draws slightly favoured in 1700m races. **APPRENTICES (ALLOWANCES):** B Cossa, G Dadamasi, T Demont, M Jaffa, N Jobose, T Lukhele, C Mabaya, X C Machaieie, T Mango, T Matsoele, P Mlangeni, P Mongqawa, S Mosia, L Motaung, T Ncume, N Ngqwangi, V Sithetho, S Valjalo (1.5).

TAB BETS for this meeting = ALL RACES: Win, Place, Swinger, Exacta, Trifecta, Quartet, Rolling Double (Races 1-2; 2-3; 3-4 etc) and Pick 3 (Races 1-3; 2-4; 3-5 etc) AND Bipot (RACES 1-6), Place Accumulator (RACES 1-7), Pick 6 (RACES 2-7), Jackpot (RACES 3-6; 4-7). All bets R1 unit; minimum bet in TABs R6 except SWINGER minimum bet R2. EACHWAY bet of R3 Win and R3 Place, as well as 3-horse EXACTA or TRIFECTA Box or 4-horse SWINGER Box for R6 total cost can be taken. Minimum bet online R1. **TAB PICK 6 Rule:** If first-timer wins, first horse to finish of those to have run before also qualifies (also BIPOT if first-timers finish first and second). **TAB PLACE Rules:** Less than 6 runners no Place betting; 6-7 runners payouts FIRST, SECOND; 8-15 runners FIRST, SECOND, THIRD; 16 or more runners FIRST, SECOND, THIRD, FOURTH. Fractional betting: Trifecta, Quartet, Bipot, PA, Pick 6, Jackpot. **ALL TO COME (WIN or PLACE)** any 2 or more races. **4Racing TAB** betting form: mark **VAAL** oval. **TAB Gold:** mark **GTG** oval. **TV:** ALL RACES RACING 240 (ch 240 DStv); ALL RACES GLOBAL TV (in TABs)

1 12:55 - 4RACING WELCOMES YOU WORK RIDERS MAID-EN PLATE (F & M) (For Maiden Fillies and Mares) *Turf Straight*

Stake: R110,000 1000m

1 MASTER'S LADY3Bf	R R Magner	1 *T Mango	60	2B10	2B10	4T10
2 ELEGANT EDGE3Chf	C Binda	4 *S Valjalo	60	5B10	3B10	6T10
3 PENNY'S CHOICE3Chf	J Crawford	5 *C Mabaya	60	6K10	8T10	3T11
4 CHARLESTON DAWN3Bf	C Mayhew	3 *T Lukhele	60	0V12	8T10	4V12
5 CALADRIUS2Bf	A P Peter	7 *P Mongqawa	57	6T10	3T10	4V10
6 CERTAINLYDIFFERENT%<2Bf	W/W Marwing	6 *N Ngqwangi	57	0T11	9J12	
7 DEFINING WINTER2Bf	R R Magner	2 *X C Machaieie	57		0V10	
8 PLATINUM SHAY2Bf	P P Labuschagne	8 *S Mosia	57	0T11	0V12	7V14
9 SHIRAZ GLOW2Bf	B Webber	9 *V Sithetho	57	FIRST RUN		
10 WINDRUSH RUN2Bf	R Klaasen	10 *P Mlangeni	57	FIRST RUN		

Same Trainer: (1 & 7).

FORECAST BETTING: 15-10 CALADRIUS; 4-1 PENNY'S CHOICE; 5-1 MASTER'S LADY, CHARLESTON DAWN; 10-1 ELEGANT EDGE, WINDRUSH RUN; 12-1 AND UPWARDS OTHERS.

HEADGEAR CHANGE: BLINKERS ON: CALADRIUS; PLATINUM SHAY.

TIPS: 1 MASTER'S LADY 5 CALADRIUS 2 ELEGANT EDGE 9 SHIRAZ GLOW

PREVIEW: MASTER'S LADY has been costly to follow but deserves a reward for her consistency. She wouldn't be winning out of turn and is unlikely to get a better opportunity to open her account. ELEGANT EDGE and 2yo CALADRIUS have shown enough to trouble the selection, while PENNY'S CHOICE and returning CHARLESTON DAWN need only build on the improvement of their last starts to make their presence felt too. Newcomers SHIRAZ GLOW and WINDRUSH RUN are worth a market check on debut and don't need to be special to play leading roles either.

2 13:30 - #YOU CAN BET ON US! WORK RIDERS MAIDEN PLATE (For all Maidens) *Turf Straight*

Stake: R115,000 1000m

1 ECHOES OF WAR%3Bg	F P Habib	8 *S Valjalo	60	6T10	6T11	5J14
2 WILLOW CHARM3Bg	S J Gray	6 *X C Machaieie	60	5B14	6T11	0V12
3 TIGER'S CAPTAIN3Bg	R Klaasen	5 *C Mabaya	60	4T11	7T11	9J14
4 ALL ON RED%3Chg	B B Ruiters	7 *B Cossa	60	6T11	3B10	0J12
5 GOD'S COUNTRY3Bg	B Webber	3 *T Lukhele	60	9P14	0T11	0J14
6 AUTOGRAPH2Bc	B Webber	4 *V Sithetho	57	6B10	9B10	0T11
7 GENNADY2Bc	S M Naidoo	9 *S Mosia	57		0T11	
8 TIME TO FIRE2Bg	W/W Marwing	1 *N Ngqwangi	57	6J12	4T10	6V10
9 ASTROPHILE2Grf	A P Peter	2 *P Mongqawa	54.5			2V10

Same Trainer: (5 & 6).

FORECAST BETTING: 6-10 ASTROPHILE; 7-1 ECHOES OF WAR, TIGER'S CAPTAIN, TIME TO FIRE; 10-1 WILLOW CHARM, ALL ON RED; 12-1 AND UPWARDS OTHERS.

HEADGEAR CHANGE: BLINKERS ON: TIGER'S CAPTAIN; TIME TO FIRE.

TIPS: 9 ASTROPHILE 1 ECHOES OF WAR 3 TIGER'S CAPTAIN 2 WILLOW CHARM

PREVIEW: ASTROPHILE was well backed on debut and justified that support with a close-up second over track and trip. She would've benefitted from that experience and, with any improvement, should go one better. ECHOES OF WAR and TIGER'S CAPTAIN have the form and experience to be competitive, along with WILLOW CHARM whose latest outing is best ignored.

3 14:05 - FOR HOSPITALITY BOOKINGS CALL 011 681 1796 WORK RIDERS MAIDEN PLATE (For all Maidens) *Turf*

Right-Hand Turn Stake: R115,000 2000m

1 EPIDAUROS3Bg	W/W Marwing	1 *N Ngqwangi	60	2B18	2J20	2V18
2 EVENING NEWS3Bg	S G Tarry	6 *P Mlangeni	60	5T16	3J20	5V18
3 HEROIC ACT4Bg	T Zackey	7 *S Mosia	60	5J20	3B18	6J20
4 COMIC ARTIST3Bf	F P Habib	2 *S Valjalo	56.5	4B18	5J20	6V18
5 DEVIOUS LOOKS3Bf	B Warren	3 *V Sithetho	56.5	4B14	7T14	8J16
6 SUTTER'S MILL2Chg	M/M de Kock	4 *T Ncume	55	3J16	8T14	5T11
7 FOREST ACT2Bf	W/W Marwing	5 *X C Machaieie	51.5	4V14	5J16	6J16

Same Trainer: (1 & 7).

FORECAST BETTING: 22-10 EPIDAUROS; 7-2 EVENING NEWS, HEROIC ACT, SUTTER'S MILL; 5-1 COMIC ARTIST; 12-1 AND UPWARDS OTHERS.

HEADGEAR CHANGE: BLINKERS OFF: SUTTER'S MILL. CHEEK PIECES OFF: COMIC ARTIST.

TIPS: 1 EPIDAUROS 2 EVENING NEWS 3 HEROIC ACT 4 COMIC ARTIST

PREVIEW: EPIDAUROS has found only one better in each of his last 3 starts and a repeat of any of those efforts should suffice. He finished ahead of EVENING NEWS, HEROIC ACT and COMIC ARTIST over this trip last month and should have the measure of those rivals again. Youngsters SUTTER'S MILL and FOREST ACT are open to any amount of improvement stretching out to this distance so could get into the picture.

4 14:40 - WWW.TAB.CO.ZA WORK RIDERS MAIDEN PLATE (F & M) (For Maiden Fillies and Mares) *Turf Straight*

Stake: R110,000 1500m

1 LOLLY WILLOWES3Bf	A G Laird	2 *V Sithetho	60	4P14	2B14	4V14
2 LIFE AND LETTERS3Bf	W C Marwing	6 *S Mosia	60	3B15	5T14	7J16
3 GLOBAL ROYALTY3Bf	W/W Marwing	3 *N Ngqwangi	60	5N16	6J16	6T14
4 LAZER LIGHT%<3Bf	W/W Marwing	4 *C Mabaya	60			9T11
5 BRIGHT COMET2Bf	F P Habib	5 *S Valjalo	56		4B10	0V12
6 CASH OUT2Bf	R Klaasen	7 *P Mlangeni	56		5J14	8B14
7 VERSATILITY%2Bf	C I Jonker	1 *M Jaffa	56	4T10	6B10	9V10

Same Trainer: (3 & 4).

FORECAST BETTING: 9-10 LOLLY WILLOWES; 7-2 LIFE AND LETTERS; 6-1 GLOBAL ROYALTY, LAZER LIGHT, BRIGHT COMET; 12-1 AND UPWARDS OTHERS.

TIPS: 1 LOLLY WILLOWES 3 GLOBAL ROYALTY 2 LIFE AND LETTERS 5 BRIGHT COMET

PREVIEW: LOLLY WILLOWES made eye-catching late headway when finishing fourth over 1400m on this course last time, suggesting the step up to this trip will be more to her liking. LIFE AND LETTERS and GLOBAL ROYALTY have the means to make their presence felt but have more of a place chance than a winning one. BRIGHT COMET and LAZER LIGHT could be anything stretching beyond a sprint trip for the first time.

5		15:15 - PLAY SOCCER 6, 10 AND 13 WORK RIDERS MAIDEN PLATE (For all Maidens) <i>Turf Straight</i>		Stake: R115,000 1500m	
1	ROYALE JACKET3Bg	W/W Marwing	10	*C Mabaya	60 2N16 4J16 0T11
2	NIGHT SKIZZLE3Bg	B Warren	8	*V Sithetho	60 9B14 7T14 8J12
3	FOREVER RED3Chg	B Webber	5		60 8J18 0T11 0J14
4	CUZZIE*4Chg	B Webber	2	*T Lukhele	60 5B17 6V16 8B15
5	SIVAJI3Bg	C I Jonker	4	*M Jatta	60 9V17 8J16 0J14
6	SPIRIT OF THE SEA%<3Bg	W/W Marwing	9	*L Motaung	60 4B10 0V14 0T11
7	ECHO OF THE WILD2Bg	C Spies	1	*S Valjalo	56 7B12 7T11
8	MEGA AWESOME2Bg	M/M de Kock	6	*T Ncume	56 9V14 5T14 8J14
9	SILVER COMET2Bg	A P Peter	7	*P Monggawa	56 9G14 4T14 4B15
10	STEEL PIER%<2Chc	F P Habib	3	*S Mosia	56 7T11 3T14 4J16

Same Trainer: (1 & 6); (3 & 4).

FORECAST BETTING: 9-10 STEEL PIER; 7-2 ROYALE JACKET; 5-1 SILVER COMET; 7-1 ECHO OF THE WILD; MEGA AWESOME; 12-1 AND UPWARDS OTHERS.

HEADGEAR CHANGE: BLINKERS OFF: SPIRIT OF THE SEA.

TIPS: 10 STEEL PIER 1 ROYALE JACKET 8 MEGA AWESOME 7 ECHO OF THE WILD

PREVIEW: ROYALE JACKET is better than his last start over a sprint trip suggests. This distance will be more to his liking so a more competitive effort can be expected. ECHO OF THE WILD, MEGA AWESOME and SILVER COMET have scope for improvement and have shown enough to make their presence felt. STEEL PIER has stronger form in open company and was a game-in-defeat second over 1600m last time. A similar performance will make him hard to beat.

6		15:50 - RACING TODAY WORK RIDERS MAIDEN PLATE (F & M) (For Maiden Fillies and Mares) <i>Turf Straight</i>		Stake: R110,000 1300m	
1	MEGHAN'S DIAMOND3Bf	M/M de Kock	4	*C Mabaya	60 3D12 5D14 2T11
2	BE ALL YOU CAN BE*3Bf	F P Habib	6	*S Valjalo	60 2V14 5T14 6J16
3	GIMMESUMLUV3Bf	M N Houdalakis	5	*N Jobose	60 5T16 4J16 9T14
4	MISS RIVER DANCER3Bf	C J Lensley	8	*S Mosia	60 9T14 4V12 9T10
5	WINIKA3Bf	A G Laird	1	*V Sithetho	60 0V12 3B10 4T11
6	GRAINS OF PARADISE2Chf	C J Lensley	7	*T Lukhele	57 9T11
7	LET YOUR LOVE FLOW&2Bf	F P Habib	2	*T Demont	57 9T10 0T10
8	MISS DUTTON%<2Bf	W/W Marwing	3	*N Ngqwangi	57 9T10 7J16 3J12

Same Trainer: (2 & 7); (4 & 6).

FORECAST BETTING: 1-1 MEGHAN'S DIAMOND; 4-1 BE ALL YOU CAN BE, GIMMESUMLUV; 7-1 MISS RIVER DANCER, WINIKA; 12-1 AND UPWARDS OTHERS.

HEADGEAR CHANGE: BLINKERS ON: BE ALL YOU CAN BE. BLINKERS OFF: MISS RIVER DANCER.CHEEK PIECES OFF: GIMMESUMLUV.

TIPS: 1 MEGHAN'S DIAMOND 2 BE ALL YOU CAN BE 3 GIMMESUMLUV 4 MISS RIVER DANCER

PREVIEW: MEGHAN'S DIAMOND made an encouraging Highveld introduction and would have tightened up with the benefit of that reappearance. She will be hard to beat with any improvement over this extended trip. BE ALL YOU CAN BE and WINIKA are lightly raced fillies with scope to improve but have shown enough to be competitive. GIMMESUMLUV and MISS RIVER DANCER have the form and experience to make their presence felt too.

7		16:25 - NEXT VAAL RACEMEETING THURSDAY 30 JULY WORK RIDERS MAIDEN PLATE (For all Maidens) <i>Turf Straight</i>		Stake: R115,000 1300m	
1	BEACH WALKER*3Bg	J S Roux	8	*T Lukhele	60 2B14 4V14 5V16
2	SECOND TO NUNN%<3Bg	S M Naidoo	7	*G Dadamasi	60 8J16 3B10 5B10
3	WISH YOU WERE HERE3Bg	W/W Marwing	3	*N Ngqwangi	60 6V14 5T10 4T11
4	CAPTAIN'S EXPRESS3Bg	F P Habib	5	*T Demont	60 5T11 6B17 5B18
5	GLASTONBURY FIRE3Bg	M/M de Kock	9	*C Mabaya	60 5T11
6	A ROMAN TWIST2Bc	A P Peter	4	*P Monggawa	57 6T11
7	HATTORI HANZO%<2Grc	F P Habib	1	*S Valjalo	57 0T11 9V14 4T11
8	NORTH STAR FURY2Bg	C I Jonker	2	*M Jatta	57 0V12
9	STEEL SPRING2Bg	F P Habib	6	*S Mosia	57 9B10 0T11

Same Trainer: (4 & 7 & 9).

FORECAST BETTING: 2-1 GLASTONBURY FIRE, A ROMAN TWIST; 5-1 WISH YOU WERE HERE; 7-1 BEACH WALKER; 8-1 SECOND TO NUNN; 12-1 AND UPWARDS OTHERS.

TIPS: 5 GLASTONBURY FIRE 6 A ROMAN TWIST 1 BEACH WALKER 3 WISH YOU WERE HERE

PREVIEW: GLASTONBURY FIRE and A ROMAN TWIST made encouraging sprint debuts and are bred to improve over this extended trip with that experience to count on. BEACH WALKER and WISH YOU WERE HERE have shown enough to play leading roles. SECOND TO NUNN and CAPTAIN'S EXPRESS have earning potential too.

HOW TO READ FIELDS: Runner info shown as follows: Number; Horse; Age; colour; sex; Career record: wins-places-runs; Trainer; Draw (position in starting gate); Jockey; Weight to be carried included rider & equipment; Last 3 runs with most recent on right. After horse name: %=Blinkers; \$ =Cheek Pieces; !=Pacifiers; ‡=Visor; ^=Hood; ?=Compression Hood;%=Blinkers/ Compression Hood; >= Cheekpieces/Compression Hood; &=Pacifiers/Compression Hood; \$=Cheekpieces/Pacifiers; ±=Earmuffs; /=Eye Shield; Before the jockey name: *=apprentice. Last three runs are shown in order of finishing position; racecourse; distance; lengths beaten. Thus 3V12 is third at Vaal over 1200m. If underscored 1T12 the race followed a rest of 60 days or more. RACECOURSE ABBREVIATIONS: D-Durbanville; E-Fairview Polytrack; F-Fairview Turf; G-Greyville; N-Greyville Polytrack; W-Kenilworth (Winter); K-Kenilworth (Summer); Y-Kimberley; M-Mauritius; R-Randjesfontein; S-Scotts-ville; P-Scottsville Inside; T-Turffontein Standside; J-Turffontein Inside; B-Vaal Classic; V-Vaal Turf; Z-Zimbabwe; X-Overseas.	
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